

A school can be a Yoga Studio, University, Community College, Ashram or any other type of educational program that offers yoga teacher training. Yoga schools are eligible to register for a Registered YogaNext School (RYNS) credential upon demonstrating that they have made provisions to offer training in the competencies mentioned in our standards. All your instructors must have at least 500 hours of yoga education and 5+ years of teaching experience. We can make exceptions for people who teach specialized subjects such as Sanskrit and Ayurveda. It is preferred that your instructors are registered with YogaNext but it is not a requirement at this point in time.

1. Contact Information

School Name		
Address		
City		State
Country		Zip/Post Code
Phone		Email
Website		Year Established

- 2. Primary Teaching Style(s): _____
- 3. Teachers who will teach in the teacher-training program at your school

Teacher Name	Years teaching experience	Training Hours	Contact Information for the teacher
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :

If you have more than 5 teachers in your teacher training program, please send their information on a separate sheet.

4. Certificates & Teacher Bios

Please attach a copy of the training certificates and yoga biographies of all yours teachers, along with this application form.

5. Credential selection

- Select the standard for which you are registering your school, in the 2nd row of the table shown below. (Put a check mark in one of the boxes shaded in colors).
- Document the number of hours of training you provide for each of the competency listed below.
- Please note that if you are registered for YIYT or YAYT, you will simultaneously be registered for preceding lower standard (s).

Competency	YBYT		YIYT		YAYT	
	Required hours	Provided hours	Required hours	Provided hours	Required hours	Provided hours
Techniques						
Asanas	75		90		135	
Meditation	15		20		30	
Pranayama	15		20		30	
Mudras	5		10		15	
Bandhas	5		10		15	
Mantra/Japa	5		10		15	
Teaching Methodology						
Instruction & demo - Asanas	15		20		30	
Instruction & demo - Meditation	10		15		20	
Instruction & demo - Pranayama	10		15		20	
Instruction & demo – Mudra & Bandha	5		10		15	
Anatomy & Physiology (Western & Yogic)	35		45		70	
Subtle body (Chakras, Nadis, Koshas)			10		20	
Yoga Philosophy						
Raja Yoga (Yoga Sutras)	15		20		30	
Bhakti Yoga	5		10		15	
Jnana Yoga	5		10		15	
Karma Yoga	5		10		15	
Yogic Diet/Ayurveda	15		20		30	
Sanskrit			15		30	
Business Of Yoga	15		20		25	
Ethics of teaching Yoga	10		15		20	
Practicum						
Supervised teaching - Asanas	25		30		45	
Supervised teaching - Meditation	10		15		20	
Supervised teaching - Pranayama	10		15		20	
Mentorship with a teacher	20		25		30	
Electives	20		20		40	
Total Hours	350		500		750	

6. **Code of Conduct:** All RYNSs are expected to fulfill, to the best of their ability and judgment, this code of conduct, while teaching yoga or conducting a yoga business:
- Conduct oneself in a professional manner in class.
 - Respect the rights and privacy of students; avoid any physical contact or language that may be interpreted as sexual harassment.
 - Acknowledge and respect the limitations of students and do not force them to do anything that might hurt them or make them uncomfortable. Take reasonable steps to ensure the safety of all students.
 - Practice equality by accommodating diversity of students arising from race and ethnic background, gender, sexual orientation, religion, age and disability.
 - Avoid conflicts of interests in your professional and private life, which could reasonably be deemed to impact students negatively.
 - Do not teach while under the influence of any substance which impairs your fitness to teach.
 - Abide by any local and national laws that govern the practice of teaching yoga or operating a yoga business.
 - Uphold the reputation and standing of the profession
 - Strive to live by the yogic principles of yamas and niyamas.
7. **YogaNext Registry Mark:** Upon the approval of your application, YogaNext shall grant you for one (1) year, the use of the RYNS registration mark and the initials RYNS after your School's name. You must be a member in good standing to use this mark. YogaNext retains the right to revoke your right to use the Registry Mark upon determining your failure to uphold the standards set forth in our Code of Conduct.

By signing below, I do hereby affirm the following:

- I have read this application form in its entirety.
- Our instructors have the minimum training and experience required for the RYNS credential.
- I agree to meet the conditions mentioned in clause 7 for the use of the Registry Mark.
- The information provided in this application is accurate, complete and true to the best of my knowledge.
- I understand that knowingly providing false information in this application will result in revocation of my registry privileges. I agree to meet all conditions required by YogaNext in order to maintain these privileges.

Signature: _____

Name: _____

School: _____

Date: _____

8. Fees

Registration Fees: \$ 50 per year.

You may pay this fee on our website or mail a check to Yoga Next:

- Website: Visit the "Shop" section of our website (www.yoganext.org) to make the payment.
- Check: Make a check in favor of "Yoga Next" and mail it to the address mentioned below

Mailing Address

Yoga Next
22287 Mulholland Hwy. # 401
Calabasas CA 91302

9. Application Submission

You may submit a completed application by mail, fax or email.

Mailing Address

Yoga Next
22287 Mulholland Hwy. # 401
Calabasas CA 91302

You may fax the completed application to (310) 943-3333, or email a scanned copy of the application and other documents to registration@yoganext.org