

A school can be a Yoga Studio, University, Community College, Ashram or any other type of educational program that offers yoga teacher training. Yoga schools are eligible to register for a Registered YogaNext School (RYNS) credential upon demonstrating that they have made provisions to offer training in the competencies mentioned in our standards. All your instructors must have at least 500 hours of yoga education and 5+ years of teaching experience. We can make exceptions for people who teach specialized subjects such as Sanskrit and Ayurveda. It is preferred that your instructors are registered with YogaNext.

**1. Contact Information**

<b>School Name</b>		
<b>Address</b>		
<b>City</b>		<b>State</b>
<b>Country</b>		<b>Zip/Post Code</b>
<b>Phone</b>		<b>Email</b>
<b>Website</b>		<b>Year Established</b>

- 2. Primary Teaching Style(s): \_\_\_\_\_
- 3. Teachers who will teach teacher training at your schools

Teacher Name	Years teaching experience	Training Hours	Contact Information for the teacher
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :
			Address: City/State/Zip: Phone: Email :

If you have more than 4 teachers in your teacher training program, please send their information on a separate sheet.

**4. Teacher bios, experience letters and your school’s training certificates**

Please attach a copy of the yoga bios and experience letters of all yours teachers, along with this application form. Please also send us a copy of your school’s training certificates.

### 5. Credential selection

- Select the standard for which you are registering your school, in the 2<sup>nd</sup> row of the table shown below. (Put a check mark in one of the boxes shaded in colors).
- Document the number of hours of training you provide for each of the competency listed below.
- Please note that if you are registered for YIYT or YAYT, you will simultaneously be registered for preceding lower standard (s).

Competency	YBYT		YIYT		YAYT	
	Required hours	Provided hours	Required hours	Provided hours	Required hours	Provided hours
<b>Techniques</b>						
Asanas	75		90		135	
Meditation	15		20		30	
Pranayama	15		20		30	
Mudras	5		10		15	
Bandhas	5		10		15	
Mantra/Japa	5		10		15	
<b>Teaching Methodology</b>						
Instruction & demo - Asanas	15		20		30	
Instruction & demo - Meditation	10		15		20	
Instruction & demo - Pranayama	10		15		20	
Instruction & demo – Mudra & Bandha	5		10		15	
<b>Anatomy &amp; Physiology (Western)</b>	35		40		50	
<b>Anatomy &amp; Physiology (Yogic)</b>	10		20		40	
<b>Yoga Philosophy</b>						
Raja Yoga (Yoga Sutras)	15		20		40	
Bhakti Yoga	5		10		10	
Jnana Yoga	5		10		20	
Karma Yoga	5		10		10	
<b>Yogic Diet/Ayurveda</b>	<b>15</b>		<b>20</b>		<b>30</b>	
<b>Sanskrit</b>			<b>15</b>		<b>30</b>	
<b>Business Of Yoga</b>	15		<b>20</b>		<b>25</b>	
<b>Ethics of teaching Yoga</b>	<b>10</b>		<b>15</b>		<b>20</b>	
<b>Practicum</b>						
Supervised teaching - Asanas	25		30		45	
Supervised teaching - Meditation	10		15		20	
Supervised teaching - Pranayama	10		15		20	
<b>Mentorship with a teacher</b>	<b>20</b>		<b>25</b>		<b>35</b>	
<b>Electives</b>	<b>10</b>		<b>15</b>		<b>30</b>	
<b>Total Hours</b>	<b>350</b>		<b>500</b>		<b>750</b>	

Yogic Anatomy & Physiology includes: Chakras, Nadis, Kleshas, Pancha Bhutas, Doshas, Dhatus, Gunas

6. **Code of Conduct:** All YBYTs are expected to fulfill, to the best of their ability and judgment, this code of conduct, while teaching yoga or conducting a yoga business:
- a. Conduct oneself in a professional manner in class.
  - b. Respect the rights and privacy of students; avoid any physical contact or language that may be interpreted as sexual harassment.
  - c. Acknowledge and respect the limitations of students and do not force them to do anything that might hurt them or make them uncomfortable. Take reasonable steps to ensure the safety of all students.
  - d. Practice equality by accommodating diversity of students arising from race and ethnic background, gender, sexual orientation, religion, age and disability.
  - e. Avoid conflicts of interests in your professional and private life, which could reasonably be deemed to impact students negatively.
  - f. Do not teach while under the influence of any substance which impairs your fitness to teach.
  - g. Abide by any local and national laws that govern the practice of teaching yoga or operating a yoga business.
  - h. Uphold the reputation and standing of the profession
  - i. Strive to live by the yogic principles of yamas and niyamas.
7. **YogaNext Registry Mark:** Upon the approval of your application, YogaNext shall grant you for one (1) year, the use of the YBYT registration mark and the initials YBYT after your name. You must be a member in good standing to use this mark. YogaNext retains the right to revoke your right to use the Registry Mark upon determining your failure to uphold the standards set forth in our Code of Conduct.

By signing below, I do hereby affirm the following:

- a. I have read this application form in its entirety.
- b. I have the minimum training-hours required for the YBYT credential.
- c. I agree to meet the conditions mentioned in clause 8 for the use of the Registry Mark.
- d. The information provided in this application is accurate, complete and true to the best of my knowledge.
- e. I understand that knowingly providing false information in this application will result in revocation of my registry privileges. I agree to meet all conditions required by YogaNext in order to maintain these privileges.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## 8. Fees

Registration Fees: \$ 50 per year.

You may pay this fee on our website or mail a check to Yoga Next:

- Website: Visit the "Shop" section of our website ([www.yoganext.org](http://www.yoganext.org)) to make the payment.
- Check: Make a check in favor of "Yoga Next" and mail it to the address mentioned below

**Mailing Address**

Yoga Next  
22287 Mulholland Hwy. # 401  
Calabasas CA 91302

## 9. Application Submission

You may submit a completed application by mail, fax or email.

**Mailing Address**

Yoga Next  
22287 Mulholland Hwy. # 401  
Calabasas CA 91302

You may fax the completed application to (310) 943-3333, or email a scanned copy of the application to [registration@yoganext.org](mailto:registration@yoganext.org)